



Stacie Tatera | MEDIUM  
HEALER  
TEACHER



## HOW TO PREPARE FOR A PSYCHIC / MEDIUM READING

IN ORDER TO HAVE THE BEST  
EXPERIENCE POSSIBLE DURING  
YOUR READING PLEASE KEEP THESE  
IMPORTANT TIPS IN MIND.

### SET A CLEAR INTENTION:

Decide if you're seeking a  
mediumship session  
(connecting with passed loved  
ones) or a psychic intuitive  
reading (exploring life  
questions). Have questions  
ready for a psychic reading.

### BE OPEN-MINDED:

Approach your session with  
openness, without strict  
expectations, to receive the  
messages you need rather than  
what you want.

### RELAX:

A calm state enhances the  
session's flow. Emotional  
intensity can affect the energy,  
but emotional reactions are  
normal and can be part of the  
healing process.





Stacie Tatera | MEDIUM  
HEALER  
TEACHER



## HOW TO PREPARE FOR A PSYCHIC / MEDIUM READING

IN ORDER TO HAVE THE BEST  
EXPERIENCE POSSIBLE DURING  
YOUR READING PLEASE KEEP THESE  
IMPORTANT TIPS IN MIND.

### **NO RECORDING:**

Bring a notepad for notes; cell  
phones should be off or silent.

### **UNDERSTAND FREE WILL:**

Guidance may be offered, but  
decisions remain yours,  
reflecting free will. Don't expect  
directives on what exactly to do.

### **ACCEPT THE FLUIDITY OF INSIGHTS:**

Information is provided based  
on the current energy; it's your  
choice what to do with it. Some  
information may be withheld for  
a reason.

**FOR QUESTIONS, CONTACT  
DIRECTLY: IF YOU HAVE PRE-  
READING QUESTIONS, EMAIL  
STACIE AT**

**MILWAUKEEMEDIUM@GMAIL.COM**

